

Aruba's ONLY English newspaper

Papiamento words and phrases you may want to know!



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LIVE ENTERTAINMENT 7 DAYS A WEEK

PROFESSIONAL COMPLIMENTARY PICTURES ON TUESDAY AND FRIDAY

SUNDAY:
MARRYBELL MADURO
SINGER
6:30 - 8:30pm

MONDAY:
ANGELA FLORES
VIOLINIST
6:30 - 8:30pm

TUESDAY:
JEAN PAUL
SAXOPHONIST
6:30 - 8:30pm

WEDNESDAY:
EDDIE KROON
SINGER 4:00 - 6:00pm
MAILLEYN ALVARADO
VIOLINIST 6:30 - 8:30pm
KARAOKE 9:00 - 11:00pm

THURSDAY:
MARRYBELL MADURO
SINGER
6:30 - 8:30pm

FRIDAY:
RICKY THOMAS
GUITARIST
7:00 - 9:00pm

SATURDAY:
EDDIE KROON
SINGER
4:00 - 6:00pm
ANGELA FLORES
VIOLINIST
6:30 - 8:30pm

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Sen. Joni Ernst wants to hear from Hegseth on sex assault in the military and women in combat

By TARA COPP

Associated Press

SIMI VALLEY, Calif. (AP) — Republican Sen. Joni Ernst made her most expansive comments yet on Pete Hegseth, telling a largely GOP audience at a California security conference Saturday that she needs to hear more from President-elect Donald Trump's embattled defense secretary pick on key issues before she decides whether to support him.

"I am a survivor of sexual assault," said Ernst of Iowa, a military veteran who has spent much of her time as a lawmaker working on improving how attacks are reported and prosecuted within the ranks. "I've worked very heavily on sexual assault measures within the military."



Pete Hegseth, President-elect Donald Trump's nominee to be defense secretary, listens to reporters during a meeting with Sen. Mike Rounds, R-S.D., a member of the Senate Armed Services Committee, at the Capitol in Washington, Thursday, Dec. 5, 2024.

Associated Press

So I'd like to hear a lot more about that."

Ernst is one of several Senate Republicans who control the

fate of Hegseth, an infantry combat veteran and former "Fox & Friends" weekend host who spent the past week on Capitol Hill trying to win the support of Republican senators who would need to confirm him to lead the Pentagon.

Hegseth has been fighting for his nomination amid allegations of excessive drinking and the revelation that he made a settlement payment after being accused of a sexual assault that he denies.

Trump, Vice President-elect JD Vance and others have defended him in recent days. Trump told NBC's "Meet the Press" in an interview recorded Friday that he believes Hegseth will be confirmed and that senators have called him to tell him that Hegseth is fantastic. "Pete is doing well now," the president-elect said in an excerpt of the interview set to

air Sunday. "I mean, people were a little bit concerned. He's a young guy with a tremendous track record."

Ernst has faced pressure from Trump supporters to back Hegseth. Unlike most of her Republican Senate peers, Ernst is not only a sexual assault survivor but also served in combat as an Army National Guard lieutenant colonel — work that Hegseth has railed against.

He said as recently as last month that women "straight up" should not serve in combat roles.

"I'd like to hear about the role of women in combat in our great United States military," Ernst said Saturday at the Reagan National Defense Forum in California.

She also wanted to see how Hegseth — who has no Pentagon leadership experience — would handle financial issues at the Defense Department. □

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The U.S. believes journalist Austin Tice is alive after disappearing in Syria in 2012, Biden says

By ERIC TUCKER and AAMER MADHANI

Associated Press

WASHINGTON (AP) — President Joe Biden said Sunday that the U.S. government believes missing American journalist Austin Tice, who disappeared 12 years ago near the Syrian capital, is alive and that Washington is committed to bringing him home after Bashar Assad's ouster from power in Damascus.

"We think we can get him back," Biden told reporters at the White House, while acknowledging that "we have no direct evidence" of his status. "Assad should be held accountable."

Biden said officials must still identify exactly where Tice is after his disappearance in August 2012 at a checkpoint in a contested area west of Damascus.

"We've remained committed to returning him to his family," he said.

Tice, who is from Houston and whose work had been published by The Washington Post, McClatchy newspapers and other outlets.

A video released weeks after Tice went missing showed him blindfolded and held by armed men and saying, "Oh, Jesus." He has not been heard from since. Syria has publicly denied that it was holding him.

The United States has no new evidence that Tice is alive, but continues to operate under the assumption he is alive, according to a U.S. official. The official, who was not authorized to comment publicly and spoke on condition of anonymity, said the U.S. will continue to work to identify where he is and to try to bring him home.

His mother, Debra, said at a news conference Friday in Washington that the family had information from a "significant source," whom she did not identify, establishing that her son was alive. □

Assad's fall in Syria is a 'fundamental act of justice,' but also 'a moment of risk,' Biden says

By WILL WEISERT

Associated Press

WASHINGTON (AP) — President Joe Biden said Sunday that the sudden collapse of the Syrian government under Bashar Assad is a "fundamental act of justice" after decades of repression, but it was "a moment of risk and uncertainty" for the Middle East.

Biden spoke at the White House hours after rebel groups completed a takeover of the country following more than a dozen years of violent civil war and decades of leadership by Assad and his family. Biden said the United States was monitoring reports of the whereabouts of Assad, with Russian state media saying he had fled to Moscow and received asylum from his longtime ally.

The outgoing Biden administration and President-elect Donald Trump were working to make sense of new threats and opportunities across the Middle East. Biden credited action by the U.S. and its allies for weakening Syria's backers — Russia, Iran and Hezbollah. He said "for the first time" that they could no longer defend Assad's grip on power.

"Our approach has shifted the balance of power in the Middle East," Biden said, after a meeting with his national security team. Trump said Sunday that Assad had fled because close ally Vladimir Putin, the Russian president, "was not interested in protecting him any longer."

Those comments on Trump's social media platform came a day after he used another post to decry the possibility of the U.S. intervening militarily in Syria to aid the rebels, declaring, "THIS IS NOT OUR FIGHT." The Biden administration said it had no intention of intervening.

The U.S. has about 900 troops in Syria, including forces working with Kurdish allies in the opposition-held northeast to prevent any resurgence of the Islamic State group. Biden said he intended for those troops



President Joe Biden speaks about the sudden collapse of the Syrian government under Bashar Assad from the Roosevelt Room at the White House in Washington, Sunday, Dec. 8, 2024.

Associated Press

to remain, adding that U.S. forces on Sunday conducted "precision air strikes" on IS camps and operations in Syria.

U.S. Central Command said the operation hit more than 75 targets.

"We're clear-eyed about the fact that ISIS will try and take advantage of any vacuum to reestablish its credibility, and create a safe haven," Biden said, using a different acronym for the group. "We will not let that happen."

The Syrian opposition that brought down Assad is led by Hayat Tahrir al-Sham, which the U.S. says is a terrorist organization with links to al-Qaida, although the group says it has since broken ties with al-Qaida.

"We will remain vigilant," Biden said. "Make no mistake, some of the rebel groups that took down Assad have their own grim record of terrorism and human rights abuses." He added that the groups are "saying the right things now."

"But as they take on greater responsibility, we will assess not just their words, but their actions," Biden said.

A senior Biden administration official, when asked about contact with Hayat Tahrir al-Sham leaders after Assad's departure, said Washington was in contact with Syrian groups of all kinds. The official, who was not authorized to publicly discuss the situation and spoke on condition of anonymity, also said the U.S. has focused over the past several days on chemical weapons that had been controlled by the Assad

government, aiming to ensure they were secured. Still, Assad's fall adds to an already tense situation throughout much of region on many fronts — including Israel's war with Hamas in Gaza and its fragile ceasefire with Hezbollah in Lebanon.

Like Biden, Trump, who takes office in five-plus weeks, made a connection between the upheaval in Syria and Russia's war in Ukraine, noting that Assad's allies in Moscow, as well as in Iran, the main sponsor of Hamas and Hezbollah, "are in a weakened state right now."

Vice President-elect JD Vance, a veteran of the

ties to respect international military norms and to work to achieve a resolution to include the political settlement," Shapiro said.

"Multiple actors in this conflict have a terrible track record to include Assad's horrific crimes, Russia's indiscriminate aerial bomb bombardment, Iranian-back militia involvement and the atrocities of ISIS," he added.

Shapiro, however, was careful not to directly say Assad had been deposed by the insurgents.

"If confirmed, no one should shed any tears over the Assad regime," he said. As they pushed toward the Syrian capital of Damascus, the opposition freed political detainees from government prisons. The family of missing U.S. journalist Austin Tice renewed calls to find him.

"To everyone in Syria that hears this, please remind people that we're waiting for Austin," Tice's mother, Debra, said in comments that hostage advocacy groups spread on social media. "We know that when he comes out, he's going to be fairly dazed & he's going to need lots of care & direction. Direct him to his family please!"

Tice disappeared in 2012 outside Damascus, amid intensification of what became a civil war stretching more than a decade.

"We've remained committed to returning him to his family," Biden said at the White House. "We believe he's alive, we think we can get him back but we have no direct evidence to that yet. And Assad should be held accountable."

The president added: "We have to identify where he is."

The U.S. has no new evidence that Tice is alive but continues to operate under the assumption that he is, according to a U.S. official. The official, who was not authorized to comment publicly, added that the U.S. will continue to work to identify Tice's whereabouts and to try to bring him home. □

The hunt for UnitedHealthcare CEO's elusive killer yields new evidence, but few answers

By MICHAEL R. SISAK and CEDAR ATTANASIO
Associated Press

NEW YORK (AP) — Police don't know who he is, where he is, or why he did it.

As the frustrating search for UnitedHealthcare CEO Brian Thompson's killer got underway for a fifth day Sunday, investigators reckoned with a tantalizing contradiction: They have troves of evidence, but the shooter remains an enigma.

One conclusion they are confident of, however: It was a targeted attack, not a random one.

They know he ambushed Thompson at 6:44 a.m. Wednesday as the executive arrived at the Hilton for his company's annual investor conference, using a 9 mm pistol that resembled the guns farmers use to put down animals without causing a loud noise. They know ammunition found near Thompson's body bore the words "delay," "deny" and "depose," mimicking a phrase used by insurance industry critics.

The fact that the shooter knew UnitedHealthcare group was holding a conference at the hotel and what route Thompson might take to get there suggested that he could

New York City, New York
December 4, 2024

A poster issued by the Federal Bureau of Investigation shows a wanted unknown suspect.
Associated Press

possibly be a disgruntled employee or client, NYPD Chief of Detectives Joseph Kenny said.

Over the weekend, police divers were seen searching a pond in Central Park, where the killer fled after the shooting. Officers have been scouring the park for days for any possible clues and found his backpack there Friday. They didn't immediately reveal what, if anything, it contained but said it would be tested and analyzed.

Early Sunday afternoon,

police declined to comment on the contents of the backpack, or on the results of the search in the pond, saying no updates were planned.

The bag's apparent manufacturer did not immediately respond to questions from The Associated Press. Investigators have urged patience, saying the process of logging evidence that stands up in court isn't as quick as it looks like on TV.

Hundreds of detectives are combing through video re-

cordings and social media, vetting tips from the public and interviewing people who might have information, including Thompson's family and coworkers and the shooter's randomly assigned roommates at the Manhattan hostel where he stayed.

Investigators caught a break when they came across security camera images of an unguarded moment at the hostel in which he briefly showed his face. Retracing the gunman's steps using surveillance vid-

eo, police say, it appears he left the city by bus soon after the shooting outside the New York Hilton Midtown. He was seen on video at an uptown bus station about 45 minutes later, Kenny said.

With the high-profile search expanding across state lines, the FBI announced late Friday that it was offering a \$50,000 reward for information leading to an arrest and conviction, adding to a reward of up to \$10,000 that the NYPD has offered. Police say they believe the suspect acted alone.

Police distributed the images to news outlets and on social media but so far haven't been able to ID him using facial recognition — possibly because of the angle of the images or limitations on how the NYPD is allowed to use that technology, Kenny said.

Late Saturday, police released two additional photos of the suspected shooter that appeared to be from a camera mounted inside a taxi. The first shows him outside the vehicle and the second shows him looking through the partition between the back seat and the front of the cab. In both, his face is partially obscured by a blue, medical-style mask. □

Settlement offers nearly \$9M to Louisiana nursing home residents kept in warehouse during hurricane



Emergency personnel arrive to evacuate people at a mass shelter, Sept. 2, 2021, in Independence, La.

Associated Press

NEW ORLEANS (AP) — Some of the elderly residents of seven Louisiana nursing homes who were sent in 2021 to ride out Hurricane Ida in a crowded, ill-equipped warehouse are being offered shares of a nearly \$9 million settlement after they sued.

Retired state judge William "Rusty" Knight told The Times-Picayune of New Orleans that all the 427 former residents who filed legal claims are being sent letters outlining the proposed settlement. Knight said amounts differ based on patients' individual circum-

stances.

People who don't contest the amount offered can expect to receive money within a few weeks. A hearing for those who want to fight the settlement will be held in January.

"It's been a longer road getting here than we wanted it to be," Knight said. "Nobody's getting what they should, quite frankly, because there's not enough money."

Bob Dean Jr., 70, owned seven nursing homes in New Orleans and southeast Louisiana. As Ida approached, Dean moved

hundreds of residents into a building in the town of Independence, roughly 70 miles (110 kilometers) northwest of New Orleans.

Authorities said conditions at the warehouse deteriorated rapidly after the powerful storm hit on Aug. 29, 2021. They found ill and elderly bedridden people on mattresses on the wet floor, some crying for help, some lying in their own waste. Civil suits against Dean's corporation said the ceiling leaked and toilets overflowed at the sweltering warehouse, and there was too little food and water. □

Georgian journalists allege brutal beatings as protests rage against ending EU talks

By SOPHIKO MEGRELIDZE

TBILISI, Georgia (AP)—Tens of thousands of people joined an 11th straight day of protests in Georgia on Sunday after the governing party moved to suspend negotiations on joining the European Union, while a separate demonstration decried violence against Georgian journalists covering the rallies. Police have been using increasing force in their attempts to curb the demonstrations, which have centered on the parliament building in the capital, Tbilisi. Riot police have used water cannons and tear gas every day to disperse the rallies, beating scores of protesters who threw fireworks at police officers and built barricades on the Georgian capital's central boulevard.

At Saturday night's demonstration, reporter Maka Chikhladze and her colleague from the independent Pirveli TV channel were targeted by a violent mob, Chikhladze told The Associated Press.

Chikladze said her colleague managed to capture footage of men dressed in black who were beating demonstrators before they turned on the pair, violently pushing Chikhladze to the ground. She later told AP that her colleague sustained a head injury and had his camera



A demonstrator fixes a Georgian and EU flags on a partially installed artificial Christmas tree with pictures of fellow demonstrators injured in alleged police beatings, in front of the parliament building in Tbilisi, Georgia, Sunday, Dec. 8, 2024.

Associated Press

stolen. Chikhladze charged that Georgia's government was using bands of thugs to deter people from attending anti-government rallies, an allegation denied by representatives of the Georgian Dream party.

On Sunday, several hundred media workers marched down Tbilisi's central Rustaveli Avenue before putting up posters of colleagues they say had been assaulted while doing their jobs.

"Our colleagues are beaten,

injured, some remain in hospital in serious condition," TV Pirveli anchor Ekaterine Mishveladze told AP.

In a separate incident Saturday, AP journalists saw several masked men violently tackle a protester attempting to enter the offices of an opposition party, Ahali. The man, Koba Khabazi, lay slumped on the ground while his attackers repeatedly kicked him. He later showed AP his head injuries. Georgian Dream retained

control of parliament in the disputed Oct. 26 election, a vote widely seen as a referendum on Georgia's EU aspirations. The opposition and the pro-Western president, Salome Zourabichvili, have accused the governing party of rigging the vote with neighboring Russia's help and have boycotted parliament sessions.

Opposition protests gained new momentum after the Constitutional Court, which rejected her appeal earlier this week. □

Rescuers search for victims after an explosion at a Dutch apartment block that killed at least 5

By MOLLY QUELL
Associated Press

THE HAGUE, Netherlands (AP)—Emergency services on Sunday searched for a second day through the debris of an apartment block that was destroyed by an explosion and fire, killing at least five people, but held out little hope of finding any more survivors. The cause of the Saturday morning disaster was unclear. Mayor Jan van Zanen said investigators were looking into "all possibilities." Police said they are looking for a car seen leaving

the scene in case that helps with the investigation. The fire service said five bodies were found, and five injured people were rescued. The mayor said rescuers were no longer looking for survivors but for eventual bodies, given that the "slim chance of survival" under what's left of the apartments. However, one person was rescued alive many hours after the explosion.

Residents of the northeastern neighborhood of Marijhoven in The Hague heard a huge bang and screams

before dawn. One woman told local media that she thought an earthquake had happened.

Dutch authorities deployed a specialized urban search and rescue team to the scene, with four dogs trained to find victims. The team was previously used during the devastating earthquake in Turkey in 2023.

Soon after the explosion, a line of ambulances could be seen waiting nearby in anticipation of more victims. The spokesperson for the local hospital said that they were



Firefighters stand by a destroyed building at the site of an explosion which destroyed several apartments and injured multiple people, at The Hague, Saturday, Dec. 7, 2024.

Associated Press

on standby to deal with injuries.

"I had expected a different Saturday," van Zanen told a news conference.

Prime Minister Dick Schoof said in a statement he was

shocked by the images of the disaster. "My thoughts go out to the victims, all other people involved and the emergency services who are now working on the scene," he said. □

accession talks on hold. Riot police have used water cannons and tear gas to disperse the rallies and beat scores of protesters, who threw fireworks at police officers and built barricades on Rustaveli Avenue.

The crackdown has drawn strong condemnation from the United States and EU officials. Speaking Thursday at a ministerial conference of the Organization for Security and Cooperation in Europe, U.S. Secretary of State Antony Blinken denounced what he described as the brutal "repression of those calling for their country to stay on the path to closer ties with Europe."

Mamuka Mdinianradze, leader of the Georgian Dream party, condemned mob violence against protesters during a news briefing Sunday, and denied any connection with the government.

The office of Georgia's rights ombudsman on Sunday issued a statement criticizing Georgian police for "failing to take adequate measures" to ensure safety during the demonstrations.

President Zourabichvili, who plays a largely ceremonial role, refused to recognize the official election results and contested them before the Constitutional Court, which rejected her appeal earlier this week. □

shocked by the images of the disaster. "My thoughts go out to the victims, all other people involved and the emergency services who are now working on the scene," he said. □

South Korean prosecutors detain ex-defense chief over martial law imposition

By HYUNG-JIN KIM and

KIM TONG-HYUNG

Associated Press

SEOUL, South Korea (AP) —

South Korean prosecutors on Sunday detained a former defense minister who allegedly recommended last week's brief but stunning martial law imposition to President Yoon Suk Yeol, making him the first figure detained over the case. The development came a day after Yoon avoided an opposition-led bid to impeach him in parliament, with most ruling party lawmakers boycotting a floor vote to prevent the two-thirds majority needed to suspend his presidential powers. The main opposition Democratic Party said it will prepare a new impeachment motion against Yoon.

On Sunday, ex-Defense Minister Kim Yong Hyun was taken into custody at a Seoul detention facility after undergoing an investigation by prosecutors, a law enforcement official said, requesting anonymity in line with privacy rules.

The official gave no further details. But South Korean media reported that Kim voluntarily appeared at a Seoul prosecutors' office, where he had his mobile phone confiscated and was detained. The reports said police searched Kim's former office and residence on Sunday. Repeated calls



South Korea's Foreign Minister Cho Tae-yul, right, looks on as South Korea's Defense Minister Kim Yong Hyun speaks during a news conference in Ottawa, Ontario, on Nov. 1, 2024.

Associated Press

to Seoul prosecutors' offices and police agency were unanswered.

Senior prosecutor Park Se-hyun said in a televised statement Sunday that authorities launched a 62-member special investigation team on the martial law case. Park, who will head the team, said the probe would "leave no suspicions."

Yoon accepted Kim's resignation offer on Thursday after opposition parties submitted a separate impeachment motion against him. Kim is a central figure in Yoon's martial law enforcement, which led to special

forces troops encircling the National Assembly building and army helicopters hovering over it. The military withdrew after the parliament unanimously voted to overturn Yoon's decree, forcing his Cabinet to lift it before daybreak Wednesday.

In Kim's impeachment motion document, the Democratic Party and other opposition parties accused him of proposing martial law to Yoon. Vice Defense Minister Kim Seon Ho told parliament that Kim Yong Hyun ordered the deployment of troops to the National Assembly.

The Democratic Party called

Yoon's martial law imposition "unconstitutional, illegal rebellion or a coup." It has filed complaints with police against at least nine people, including Yoon and Kim, over the alleged rebellion. In a statement Wednesday, Kim said that "all troops who performed duties related to martial law were acting on my instructions, and all responsibility lies with me."

Prosecutor General Shim Woo Jung told reporters on Thursday the prosecution plans to investigate the rebellion charges against Yoon following complaints. While the president mostly

has immunity from prosecution while in office, that does not extend to allegations of rebellion or treason.

The Defense Ministry said it has suspended three top military commanders over their alleged involvement in the martial law imposition. They were among those facing the opposition-raised rebellion allegations.

On Saturday, Yoon issued an apology over the martial law decree, saying he won't shirk legal or political responsibility for the declaration. He said he would leave it to his party to chart a course through the country's political turmoil, "including matters related to my term in office."

Since taking office in 2022 for a single five-year term, Yoon has struggled to push his agenda through an opposition-controlled parliament and grappled with low approval ratings amid scandals involving himself and his wife. In his martial law announcement on Tuesday night, Yoon called parliament a "den of criminals" bogging down state affairs and vowed to eliminate "shameless North Korea followers and anti-state forces." The declaration of martial law was the first of its kind in more than 40 years in South Korea. The turmoil has sparked alarm among key diplomatic partners like the U.S. and Japan. □

Burkina Faso junta appoints new prime minister



Burkina Faso junta leader Ibrahim Traore participates in a ceremony in Ouagadougou, Oct. 15, 2022.

Associated Press

OUAGADOUGOU, Burkina Faso (AP) — Burkina Faso's ruling military junta appointed a new prime min-

ister, a day after dissolving the government without providing any reason. Rimalba Jean Emman-

uel Ouedraogo, until now communications minister and spokesperson of the government, will be the West African country's new prime minister, junta leader Ibrahim Traore said in a presidential decree read on state television Saturday.

Traore had issued a decree Friday dismissing Prime Minister Apollinaire Joachim Kyelem de Tambela and announcing the dissolution of the national government. No reason was given for the move.

The junta in Burkina Faso seized power in September 2022 by ousting the military

rule of Lt. Col. Paul Henri Sandago Damiba about eight months after it staged a coup to remove democratically elected President Roch Marc Kaboré.

The country is one of several West African nations where the military has recently taken over, capitalizing on popular discontent with previous democratically elected governments over security issues.

However, since its inception, the junta has struggled to end Burkina Faso's security challenges — the very reason that it claimed had prompted it to take power. Growing attacks by ex-

tremists linked to al-Qaida and the Islamic State group have devastated Burkina Faso, where thousands have been killed in recent years and more than 2 million people have been displaced, half of them children.

Around half of Burkina Faso's territory remains outside of government control, analysts say.

The country's transitional government has been running under a constitution approved by a national assembly that included army officers, civil society groups and traditional and religious leaders. □



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Aruba's underwater wonderland

ORANJESTAD - Exploring the underwater wonders is something you should definitely do during your stay in Aruba. The underwater world has everything to offer that makes a snorkel trip so exceptional; an impressive, colorful sea life with exotic fishes, turtles and beautiful coral reef. The historic shipwrecks, located on the Aruban seabed are also worth a visit. Aruba is known for its white beaches and blue oceans, which means there are many fascinating under water spots, where you can take your snorkeling gear and we selected the top spots for you.



Tres Trapi

Tres Trapi means tree steps in Papiamento, Papiamento is together with Dutch the official language spoken on Aruba. The beach is called Tres Trapi because it is accessible by the tree steps carved into the rocks. Tres Trapi is a small rocky beach, located on the north-western side of the island, approximately 5 to 10 minute drive from Palm Beach. From the unique steps you can easily walk over the beach into the clear and turquoise blue ocean. While snorkeling you will encounter all kind of tropical fishes and sea stars. The kind of starfish you will find in the Aruban waters is the red cushion sea star. This is a starfish that is commonly found in the shallow waters of the Caribbean sea and if you are lucky during your snorkeling visit to Tres Trapi, you may come across one of the green sea turtles. Respect the animal, keep your distance and enjoy the view. Also remember; it is a once in a life time experience.

Antilla shipwreck

Antilla is a 400-foot-long long ship, built in 1939 in Hamburg, Germany. Antilla came to Aruba, because it had to find a neutral port. When Germany invaded the Netherlands on May 10, 1940, the crew decided to let their own ship sink, to prevent it from falling into the hands of the Dutch Navy. Antilla lies on its portside in Malmok bay, and the sunken word war two ship is now one of Aruba's most popular snorkeling and dive spots. However, the ship wreck can only be reached by boat. The ship is visible from the surface and during your snorkeling trip you be surrounded by hundreds of tropical fishes, but the ship wreck alone is already impressive enough.

Baby Beach

Baby beach; a white beach, with a crystal blue ocean. The beach is located on the southern part of the island. On the way to the famous



beach, you will drive through the old capital of Aruba, San Nicolas. The old Aruban culture can be still felt and experienced here, so do not hesitate to get out of your car and walk around for a while. Baby beach is a child friendly beach, since it is shallow and the water has a pleasant temperature. The name therefore fits well with the beach. Baby beach is an excellent beach for snorkeling, especially if you want to go with small children, because the water remains shallow and there are still many underwater wonders to see. In the ocean there is an area marked until where it is recommended to snorkel and on the beach you will find different facilities. It is a perfect beach to spend your day snorkeling and relaxing.

Mangel Halto

Mangel Halto beach is located in Savaneta, on the southern-west part of the island. The beach is different from the other beaches in Aruba; it is beach full of mangroves. You reach the beach by a bridge through the mangroves and then you will have several entrances to the sea. There are diverse spots where you can enjoy a perfect beach day, wooden stairs made to enter the water and a dock to sit on and enjoy the view. Mangel Halto is also worth a visit for the snorkeling experience. Inside the bay, the water is clear and you find many colorful fish. Outside the bay is a bit more challenging for beginners because of the wind and the waves, but the coral is alive and it is just like snorkel heaven.□



Papiamento words and phrases you may want to know!

(Oranjestad)—Aruba is a melting pot of different nationalities, cultures and languages. Primarily for this reason, the average Aruban can understand and speak Dutch, English and Spanish relatively well. However, as much as we pride ourselves in being able to communicate with almost everyone, we cherish our native tongue Papiamento above all else. Want to learn some common words in our language? Here are a few basic words and phrases that can get you a hat tip from an Aruban.

When you arrive at the airport in Aruba, one of the first words in Papiamento you may encounter is "Bon bini." Bon bini in Papiamento means welcome, and is probably the most famous Papiamento word for tourists.

Hi! Bye!

To be fair, there is no unique way to say "hello" in Papiamento. At least, not officially. We often just use the English "hello" or "hey", or Dutch "hallo" to greet someone. We do however, always follow it up with "con bay?" or "con ta?". Con bay is a shortened version of "con ta bay?", which essentially means "how are you?"

The word "con" in Papiamento



means "how?" and is pronounced with a rounder "o" sounds, like in the English word "cone". "Ta bay" refers to how you are doing.

When we say goodbye, we use the word "ayo" (not like the Ayo Rock Formation, but also...kinda?). We may also use "te oro", which means "see you later".

Greetings during the day

Most, if not all, languages have different ways to greet according to the time of day, and Papiamento is no different. Since Papiamento is heavily influenced from Portuguese and Spanish, some of these phras-

es may look very familiar.

1. Bon dia is used in the morning, up to about noon. Bon dia essentially means good morning. The word "bon" means "good", and while "dia" does not directly mean "morning" in English, it is used often to refer to the morning time.
2. Bon tardi. In the afternoon to early evening hours, we use "bon tardi" to greet people, which means "good afternoon". "Tardi" actually comes from the word "atardi", which directly translates to "afternoon". However, the short-

ened "tardi" is used to keep the rhythm on the phrase. And the same could be said for our last greeting of the day.

3. Bon noch. You guessed it, "bon noch" means "good night". Just like "tardi", "noch" is actually the shortened version of the word "anochi".

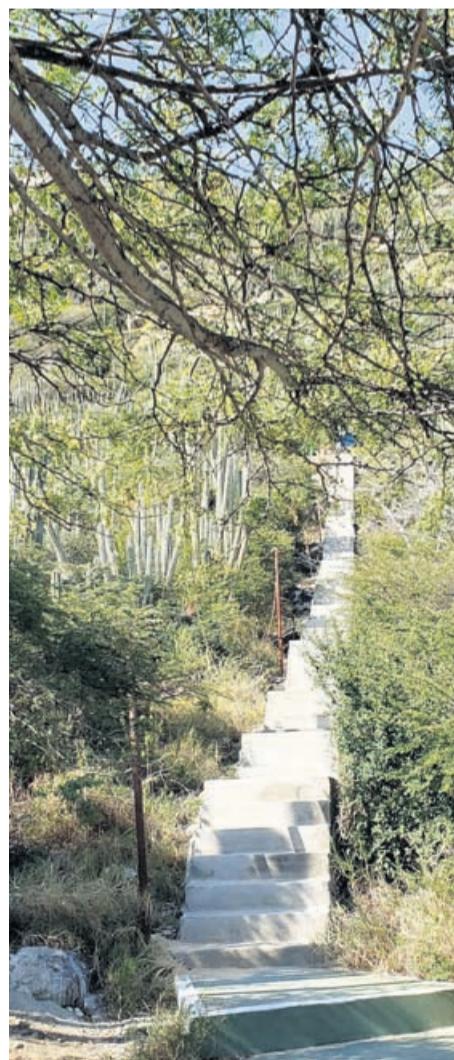
Yes...no...maybe?

The affirmative and negative expression is very simple in Papiamento. Just like Spanish, our yeses are "si" and our no's are "no". Pretty easy right? If you want to gain some extra points from younger locals, you can also say "se", which is a more casual affirmative used mostly by the younger generation. However, do note: some older generations may find this improper and not respectful, so keep that in mind.

Thanks man...

Lastly, a word that we can also say more often is "danki", which means literally "thank you". "Danki" is derived from the Dutch word "bedankt". Though we don't really have a translation for "I appreciate it" in English, we do use "masha danki" to convey the message. "Masha" means "a lot" or "very", so "masha danki" means "thank you very much". □

Enjoy one of the best views on Aruba at the top of the Hooiberg Hill



(Oranjestad)—If you are a regular hiker, or maybe want to spice up your morning work out session, then you might enjoy one of the most popular climbing sites on the island: The Hooiberg Hill. Accompanied with a 600-step staircase, this hill overlooks a great part of the island, the Caribbean sea, and sometimes even the Santa Anna mountain located in the coastal state of Falcon in Venezuela, providing one of the best views you can get on Aruba.

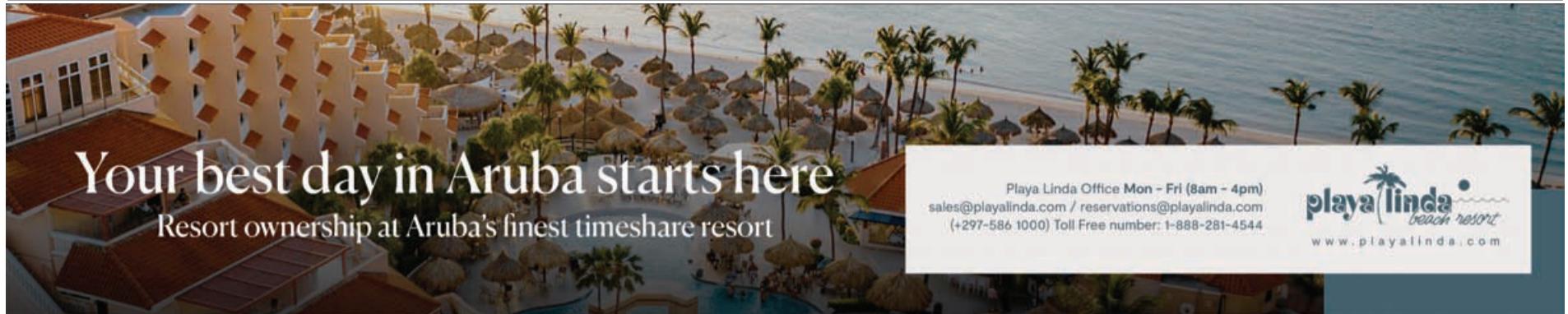
located at the center district of the island, Santa Cruz, the Hooiberg Hill is the second highest point on the island at 165 meters above sea level (or about 540 feet above sea level). The highest point is Jamana-ta Hill at 189 meters (620 feet), located in the Arikok National Park. The staircase that runs on the side of the hill was first built in 1951, when Mr. Eduardo Tromp constructed it. At that time, the staircase consisted of 900 steps. Over time, as the steps faced erosion, the government decided to renovate these stairs in 1991. This new project delivered the newer staircase with



only 587 steps. However, don't be fooled—it may still be a work out to get on top. In addition, there is now a gazebo placed halfway up the stair for a little rest. The view at this resting stop is also a sight to see.

The best time to climb the hill would be early in the morning or right before sunset, as it may not be as hot. However, the hill is of course open all day, every day. □





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Dining in? Try making a local favorite How to make "pan bati"

(Oranjestad)—If you're ever up for an Aruban snack, try making another Aruban classic appetizer called Pan Bati. Similar to a pancake both in appearance and cooking, this is a super easy meal that adults and children will both enjoy. Here's how to make it!

Ingredients:

2 cups of all purpose flour
1 cup grams of fine cornmeal (we recommend the Harina PAN brand)
2 tbsp baking powder
1 1/3 cup of milk
1 pinch of salt
2 tbsp of granulated sugar
Oil for cooking

Instructions:

Add all the dry ingredients in a bowl first, and stir until well mixed. Then add the milk and beat until reached a pancake-like consistency. If more moisture is needed, add some water until reached desired consistency.

In a hot pan with oil, pour in enough batter to cover the bottom of the pan. Just like pancakes, flip the pan bati when one side turns golden brown. When your pan bati is ready, place on a plate and cover with a clean kitchen towel.

Traditionally, pan bati is cut in triangle pieces, and is often eaten as a side dish with soup, fried fish or stews. However, it is also casually enjoyed with some butter and cheese on top! □



Aruba: The island of Aloes

ORANJESTAD – Aloe vera, a succulent plant species, is renowned for its incredible properties for the skin. It is widely distributed and usually grows in tropical, semi-tropical and arid climates on the planet. But this plant also had a very prominent role in the history of Aruba, and its significance to the island's economy endures to this day.

The leaves of Aloe vera contain a good amount of gel which when used topically, is great for the skin. Traditionally, Arubans use this gel to treat minor burns and other skin ailments, or just to keep skin supple and looking bright and nourished. Aside from the gel, aloe contains a bitter, yellow substance (called aloin) which is a gentle but powerful laxative, and it is also the origin of the industry of aloe in Aruba.

According to the website of Royal Aruba Aloe, Aloe vera was introduced in Aruba around 1840, when most of the island's inhabitants were farmers of little means. Dutch Governor

Van Raders introduced the plant after it had been introduced in other islands of the Caribbean to cultivate and harvest the aloe to produce the laxative.

Around 1920, about two-thirds of Aruba was aloe fields, earning our island the nickname "The Island of Aloes."

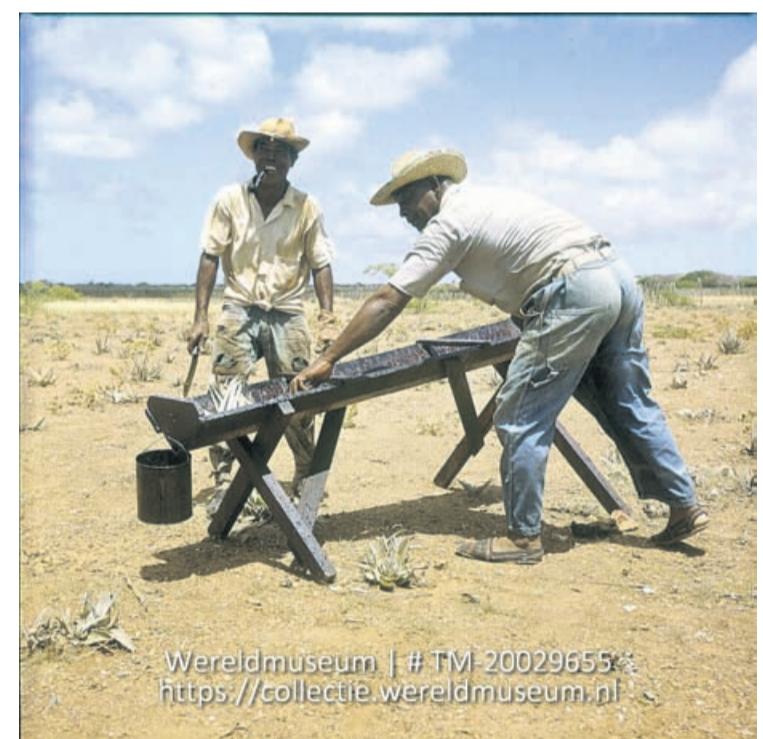
Under Commander Jan Helenus Ferguson (1866-1871), aloe experienced a boom, which is why there is a road named after him, which goes through the aloe fields. In the 19th cen-

tury, Aruba was the main supplier of aloin for laxative, which was imported abroad to the United States and Europe. The aloin from Aruba and Curaçao was known to be one of the best in the world and was more expensive, which meant that at the time, it had significant economic impact, particularly for the local farmers.

However, by the time the oil industry arrived on Aruba, it changed the labor market on Aruba, shifting away from agriculture. It would be after World War



Collectie Fraters van Tilburg | Stedelijk Museum Tilburg
<https://stedelijkmuseumtilburg.nl/collection/> Objectnummer: 203434



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<https://collectie.wereldmuseum.nl>

II that aloe would make a comeback. And eventually, as science learned about the amazing properties of aloe gel, the industry shifted from producing laxative to producing skin care. An interesting fact is that in 1951, the production of Aruban aloe amounted to around 30 percent of the total global production!

The impact and relevance of aloe is visible all around Aruba. While most homes will have a few plants for

personal use and decoration, houses are also decorated with aloe motifs, and at some point, aloe even featured on post stamps. Around 1920, about two-thirds of Aruba was aloe fields, earning our island the nickname "The Island of Aloes." And in 1955, the aloe became a part of Aruba's coat of arms, symbolizing prosperity for the island.

Images from the archive of the National Library of Aruba.



Aruba to me

ORANJESTAD — You are back or still enjoying your vacation?... we would like to portrait you! By inviting you to send us your favorite vacation picture while enjoying our Happy Island.

Complete the sentence: Aruba to me is Send your picture with that text (including your name and where you are from) to: news@arubatoday.com and we will publish your vacation memory. Isn't that a special way to keep your best moments alive? Please do note: By submitting photos, text or any other materials, you give permission to The Aruba Today Newspaper, Caribbean Speed Printers and any of its affiliated companies to use said materials, as well as names, likeness, etc. for promotional purposes without compensation.

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Episode CVIX - 159 - Our Chuchubi

Etnia Nativa through Island Insight facilitates cultural awareness, education and safeguards Aruba's heritage by elevating each reader into an island keeper state of mind. Be encouraged to discover in every episode the true native effect, live it, discover more reasons to love Aruba behind our beaches and liven up your stay in an incredibly wonderful way.

Our island is a tiny tourist destination with a fragile ecosystem, covering thousands of years of history. Here is where Etnia Nativa's main objective comes to mind through educating the readers over Aruba's heritage. We believe in when you love and value what you have, ones greatest desire becomes to protect it.

During this episode we will share our growing concern regarding the Tropical Mockingbird's population. Even though it is the most abundant bird species recorded on the island. The most direct threat it faces comes from other migrant birds which has decided to stay. These birds rely on others to raise their young. This strategy appears among brood parasite animals, in this case we call the Shiny Cowbird Molothrus



bonariensis, the Giant Cowbird Scaphidura oryzivora and less than frequent the Cuckoo.

They manipulate their host, our Mockingbird, to raise their young as if it were its own, usually using egg mimicry, with eggs that resemble the host's. Most of the time these pirate eggs hatch faster and kicks and pushes out all rival "Chuchubi" hatchlings. Almost every morning in our garden we can witness how offspring of other birds begs and demands their surrogate mother, the Chuchubi, to feed. At times we see how the Chuchubi tries to fly away from the begging intruder.

In our language Papiamento, we call this smart tropical mockingbird (Mi-

mus gilvus) "Chuchubi", a resident breeding bird that you can find from Southern Mexico to Northern and Eastern South America, the Lesser Antilles and other Caribbean islands.

Adult tropical mockingbirds are 23 to 25.5 cm long. Adults are gray on the head and upperparts and have a whitish supercilium and a dark stripe through the eye. The underparts are off-white and the wings are blackish with two white wing bars and white edges to the flight feathers. They have a long dark tail with white feather tips, a slim black bill with a slight downward curve, and long dark legs. Juveniles are brownish and their chest and flanks have dusky streaks. Maybe you can spot one this curious specimen.

Chuchubi forages on the ground or low in vegetation; it also captures flying insects such as swarming termites on the wing. It is omnivorous; its diet includes a variety of arthropods (such as spiders, grasshoppers, and beetles), seeds, small fruits and berries, larger cultivated fruits (such as mangoes), cicadas, lizards, bird and lizard eggs, the contents of bird feeders, and human food.

The tropical mockingbird generally nests from late in the wet season through the transition period into the early wet season. During that long period it often will produce three broods. It is monogamous but cooperative breeding has been recorded with the young of the previous brood acting as helpers. It aggressively

defends its territory against birds of its own and other species, and predatory animals as well. Both sexes build the nest using coarse twigs lined with softer material and place it low in a shrub or tree. The clutch size ranges from two to four but is usually three. The female does most of the incubation during the 13 to 15 day period. Chicks are fed by both parents (and helpers) in the nest for up to 19 days and beyond that after fledging.

Chuchubi's song is "a varied and long-continued sequence of diverse mellow to harsh notes, trills, with considerable repetition of phrases". It will often sing through the night. It apparently rarely mimics other species. Its calls include "a resonant 'pree-ew'" and "a harsh 'chick' or 'chek'". For the native Aruban believes, the Chuchubi is a messenger.

If you love Aruba interested in its origins and its cultural heritage, we invite you to be part of an exclusive visit at Etnia Nativa, an off the tourist grid, private residential houses sharing collections of native art, archaeological artifacts and historic furniture, while the facility itself is the result of the transforming and recycling of materials. Meet Anthony Croes, our columnist at his museum/home. The only and authentic native Aruban cultural encounter! Live the experience. Whatsapp + 297 592 2702 or mail: etnianativa03@gmail.com □



Article by: Etnia Nativa

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Aruban legends: Frenchman's Pass

(Oranjestad)—If you ever plan on taking a group tour of the island, you may pass through the Frenchman's Pass in Balashi. The Frenchman's pass (known to locals as "Franse Pas") remains a mysterious—and spooky—road of which its legend is told from generation to generation.

The history of the Frenchman's pass—and how it got its name—dates back to the colonization era, when the French tried to colonize the island, but were met with an angry mob of indigenous settlers, refusing to give up their land. However, as the French were heavily equipped with fire arms, the indigenous settlers began to retreat, and hid away in nearby caves.

The French colonizers tried to smoke them out of the caves, but the indigenous settlers ended up inhaling too much smoke and most died in those caves. From then on, this passage was known as Frenchman's Pass, and there have been many accounts of spirits roaming the area of Spanish Lagoon.

There are many ghost stories surrounding this area, but one of the most famous one involves a lonely hitchhiker, trying to find a ride back home in the dark rainy night.

Sometime after trying to hitchhike, the man saw a car approaching, appearing almost ghost-like in the rain. However, since he

needed a ride real bad, he didn't think twice and jumped in. But to his horror, he noticed that there was no driver in the front. Paralyzed with fear, he didn't dare to get out, and the car started to move.

When approaching a sharp turn, the hitchhiker braced for impact, but just when he thought the car might drive straight off the road and crash, he saw a hand appear out the window and turn the wheel. For the next few turns, the hand appeared again. After having had enough, the man decided to jump out and he ran to Santa Cruz.

Arriving at a nearby bar, he ordered a drink and began to tell everyone about



his experience. Everyone grew quiet, because they realized he wasn't some drunk messing around; he was telling the truth.

Sometime later, two men walked into the bar and one of them noticed the hitchhiker. He called out to his buddy and said: "Look, there's the idiot who sat in our car when we were pushing it!"

French man's pass is one of the few sites on the island that keeps the locals on their toes. While most ghost stories may not have real grounds—or some may even be a set up story for a joke, this pass contributes a lot to our culture of folkloric story-telling.

Source: visitaruba.com

Create museum memories

ORANJESTAD — Museums are an integral part of conserving and honoring cultures, and Aruba is no exception. Our Island has a wide selection of various museums for our locals and visitors to see. Take this opportunity to learn about our island and experience a different day beyond the beach. Let us introduce to you these museums.



Museum of Industry Aruba

The Museum of Industry is located in San Nicolas—better known as the art capital of Aruba. This museum exhibits the industrial history of gold, aloe, phosphate, oil and tourism through elaborated displays and multimedia installations.

The Museum of Industry is situated in the Water Tower in San Nicolas and narrates Aruba's industrial history, which began in the 19th century. The Water Tower was built in 1939 and consists of three sections: the substructure, the high-rising vertical shaft, and the tank at the top. The Water Tower was purchased by the Monuments Fund in 2003 so it can be restored and

preserved as one of Aruba's monuments. The Museum of Industry is part of Aruba Museum Foundation (Fundacion Museo Aruban), which is a foundation set to maintain, preserve, and protect the Aruban cultural sector, history, and nature. The museum of Industry is open daily from 9 am till 6 pm.

For more information, check out their Facebook page Museum of Industry Aruba.

Archaeological Museum of Aruba

The Archaeological Museum of Aruba is located at Schelpstraat 42 in downtown Oranjestad. The renovated historic Ecury complex in the area has been transformed from a family home to a modern museum that preserves Aruba's Amerindian cultural heritage. This 21st century museum is especially designed to preserve valuable artifacts dating back to the Pre-Ceramic period of 2500 BC.

In the late 1980's, AMA identified its need for an adequate housing for its collection and activities. After studying various options, a project proposal was drawn up, including the acquisition and restoration of historical buildings in downtown Oranjestad.

These historical buildings were formerly the property of the Ecury family. The "Ecury Complex", is a cluster of single and two-story historic buildings, mainly Dutch colonial architecture from the late 19th and 20th century on a plot of approximately 1.700 m².

In 1997, the Aruban Government bought the complex for the National Archaeological Museum project. In 2004, a financial agreement was signed with the European Development Fund and in 2006, restoration and construction work began on the monumental buildings and

the soon-to-be exhibition space. In December 2007, the key to the complex was delivered and the museum's employees moved to the new location. The final design for the exhibit was completed in November 2007 and the permanent exhibit, financed by the Aruban Government and the Union of Cultural Organizations (UNOCA), opened in July 2009.

At the new location, the National Archaeological Museum Aruba disposes of approximately 500 m² for its permanent exhibit. This exhibit conveys information on the origin and culture of the first inhabitants of the island through archaeological objects and modern exhibition techniques. The new permanent exhibit gives the visitor an insight into the cultures that inhabited the island in Pre-Historical and Early Historical times. The museum also hosts attractive public programs, including lectures, educational projects, temporary exhibits and workshops.

The museum is open daily from 9:30 am till 4:30 pm. For more information check out the Facebook page Museo Arqueologico Nacional Aruba. □



CROSSWORD

By THOMAS JOSEPH

ACROSS 39 Lipstick

1 Went fast slip

6 Violinist 40 Taking advantage of Stern

11 Overhead

12 Island south of Sicily

13 Thin porridge

14 Acts sullen

15 Sinks, as a short putt

17 Cambridge sch.

18 Commotion

19 Marching beat

22 Sgt.'s superior

23 Portugal's place

24 Puts on ice

25 Stylized Japanese drama

27 Driving aid

30 Charles III's house

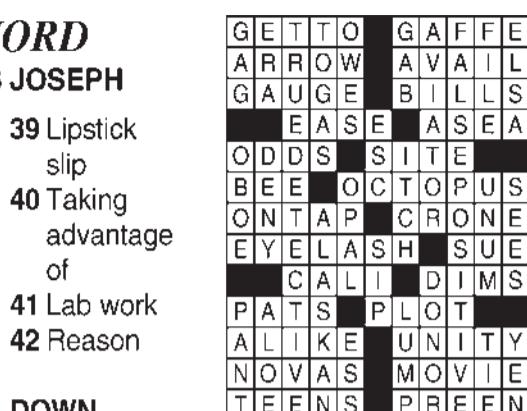
31 Maximum amount

32 Director Lee

33 Manly

35 Cold house

38 Lubricated



DOWN

1 Motley

2 Wear roughly

3 Clipped item

4 December 24 and 31

5 Yummy

6 Little terror

7 — Paulo

8 Reunion group

9 New York prison

10 Social class

16 "Lolita" author

20 Walking on air

21 Stammering sounds

24 Oil ingredient

25 Checkers demand

26 View-points

27 Like some rebates

28 Fred, Steve, and Ethan

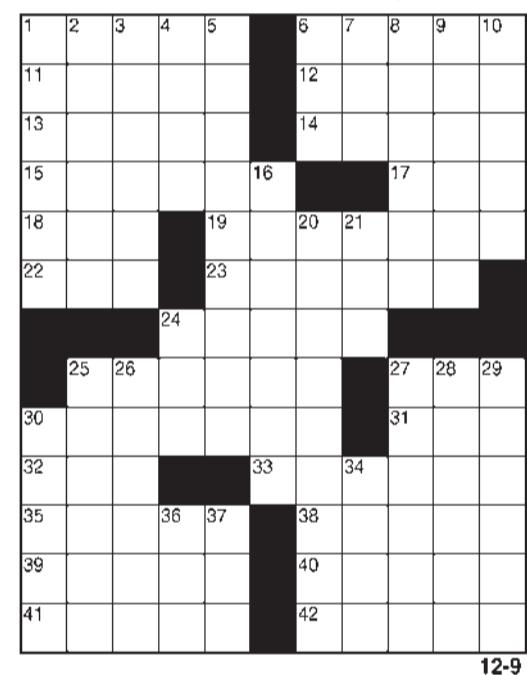
29 Promise derived

30 Jeans measure

34 Ascend from marijuana

36 Stable bit

37 Hosp. parts



12-9

AXYDLBAAXR
is LONGFELLOW

One letter stands for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

12-9

CRYPTOQUOTE

W'P WZ R LGGT FQRNV UWLSC

ZGE. ZGC VPGCWGZRQQK —

W'P MYDC GZ UGQQVU

DARCVD. — YZAZGEZ

Cryptoquote: READ THE BOOKS THEY DON'T WANT YOU TO. THAT'S WHERE THE GOOD STUFF IS — LEVAR BURTON

Cruise ship Schedule: December 09 - 15 2024

		ARR	DEPT	BERTH
MON	09	CELEBRITY ECLIPSE	08.00	21.00 C 1
TUE	10	CELEBRITY REFLECTION	08.00	21.00 B 1
		CARNIVAL HORIZON	08.00	22.00 C 1
		EMERALD PRINCESS	09.00	22.00 I 1
WED	11	ZUIDERDAM	07.00	16.00 B 1
		AIDABELLA	10.00	**** C 1
		SILVER MOON	08.00	23.00 I 1
		FREEWINDS	06.00	**** E 1
THU	12	MARELLA DISCOVERY	08.00	20.00 I C -
		AIDABELLA - Dept.	****	18.00
FRI	13	EVIRIMA	07.00	19.00 B 1
		CARNIVAL VENEZIA	09.00	22.00 C 1
SUN	15	OCEANIA NAUTICA	11:00	21:00 C 1
		EURODAM	08.00	17.00 B 1
		FREEWINDS - DEPT.	****	22.15 E -

Helpful tips for your stay on Aruba

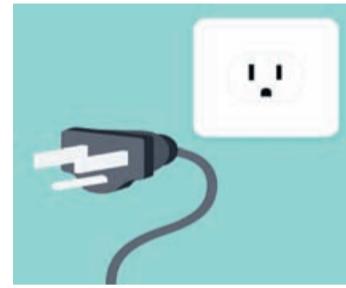
Supermarket hours



(Oranjestad)—When traveling to another country, especially for the first time, it is always better to be over-prepared than under-prepared. That is why we have a list of basic but important information that we think may come in handy to Aruba's visitors.

lets used on the island: type A with two flat prongs; type B with two flat and one grounding prong, and on occasion, type F with two round prong and two earth clips on the side. However, Type A is most commonly found in homes and establishments.

Electrical power



Drinking water



Supermarket hours may vary depending on where you are staying on the island. Generally though, most supermarkets are open from 8am to 9 or 10pm, Monday through Saturday. On Sundays, supermarkets generally close earlier; mostly around 2pm.

Safety



The water that flows through the sinks of every house, hotels and other establishments is distilled and perfectly safe to drink. Aruba's drinking water exceeds WHO's international standards for water quality, so there is no need to buy bottled water from the store.

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Since February 2024, Aruba has been categorized as the safest country in the Caribbean by The Telegraph, and many tourist that visit have often told us how they feel safe to explore the island or walk around at night. However, rare incidents do occurs, so keep yourself and your belongings safe.

Do weighted blankets help you sleep better? Here's what to know



Weighted blankets on display in a Saatva mattress showroom in New York, Dec. 4, 2024.

Associated Press

By ADITHI RAMAKRISHNAN
AP Science Writer

NEW YORK (AP) — Rhonda James was skeptical when her husband ordered a weighted blanket for her online. But five minutes after she wrapped it around her body, she zonked out.

"It felt like a really big hug," said James, a banker in Charleston, South Carolina.

As outside temperatures grow chilly, weighted blankets can be a popular choice to warm up. Some people say the added pressure helps them soothe the worries of the day and get to sleep faster.

But research on the effectiveness of weighted blankets is limited. Here's what to know.

What is a weighted blanket? Weighted blankets come with extra heft in the form of glass beads, pellets, cotton or another filling. Scien-

tists haven't studied exactly how the blankets work, but they have a few ideas.

The blankets' firm touch may calm the brain's fight-or-flight response, said Dr. Neal Walia, a sleep medicine expert at UCLA Health.

"The evenly distributed weight on you tells your body, 'Hey, you're in a calm environment,'" he said.

The extra pressure also may signal the brain to release what's called the love hormone, also known as oxytocin. It's produced during bonding and cuddling, and can also lower anxiety, Walia said.

How do I use a weighted blanket?

For most healthy adults, experts say to choose a blanket that is about 10% of their body weight. So a 150-pound person may opt for a 15-pound blanket.

Weighted blankets are not

recommended for babies or toddlers since they can hinder movement and breathing.

People with sleep apnea, sleep-related disorders or respiratory problems should check with a doctor before using a weighted blanket. The blankets aren't for everyone and each person gets the best out of their blanket differently. For example, some may find them too hot to use during warmer months.

And the extra swaddling comes at a cost: quality weighted blankets can range from \$50 to over \$300 depending on the size, weight and material.

James takes hers out of the closet to unwind when she's watching TV or sipping a glass of wine.

Lucy Taylor, a freelance writer from Wales, uses her blanket to fall asleep when her anxiety spikes during the winter.

"If my body's relaxed, my mind follows suit," she said.

Can weighted blankets improve sleep?

There isn't a ton of research on whether weighted blankets actually work, and the studies that do exist are on small groups. Most studies don't focus on the average sleeper. Instead, they investigate whether weighted blankets can help people with chronic sleep problems, mental health conditions or developmental disorders.□



HEALTH

DOCTOR ON DUTY

Oranjestad

Hospital 7:00 pm / 10:00pm
Tel. 527 4000

San Nicolas

Imsan 24 hours
Tel. 524 8833

PHARMACY ON DUTY

Oranjestad:

del Pueblo: Tel. 582 1253

San Nicolas:

Seroe Preto: Tel. 584 4833

OTHER

Dental Clinic 587 9850
Blood Bank Aruba 587 0002
Urgent Care 586 0448
Walk-In Doctor's Clinic
+297 588 0539

EMERGENCY

Police	100
Oranjestad	527 3140
Noord	527 3200
Sta. Cruz	527 2900
San Nicolas	584 5000
Police Tipline	11141
Ambulancia	911
Fire Dept.	115
Red Cross	582 2219

TAXI SERVICES

Taxi Tas 587 5900
Prof. Taxi 588 0035
Taxi D.T.S. 587 2300
Taxi Serv. Aruba 583 3232
A1 Taxi Serv. 280 2828

TRAVEL INFO

Aruba Airport 524 2424
American Airlines 582 2700
Avianca 588 0059
Jet Blue 588 2244
Surinam 582 7896

AID FOUNDATIONS

Aruba Food Bank
Tel. 588 0002
FAVI- Visually Impaired
Tel. 582 5051

Alcoholics Anonymous
Tel. 736 2952
Narcotics Anonymous
Tel. 583 8989

Fundacion Contra Violencia
Relacional Tel. 583 5400
Centre for Diabetes
Tel. 524 8888

Child Abuse Prevention
Tel. 582 4433
Quota Club Tel. 525 2672

General Info

Phone Directory Tel. 118

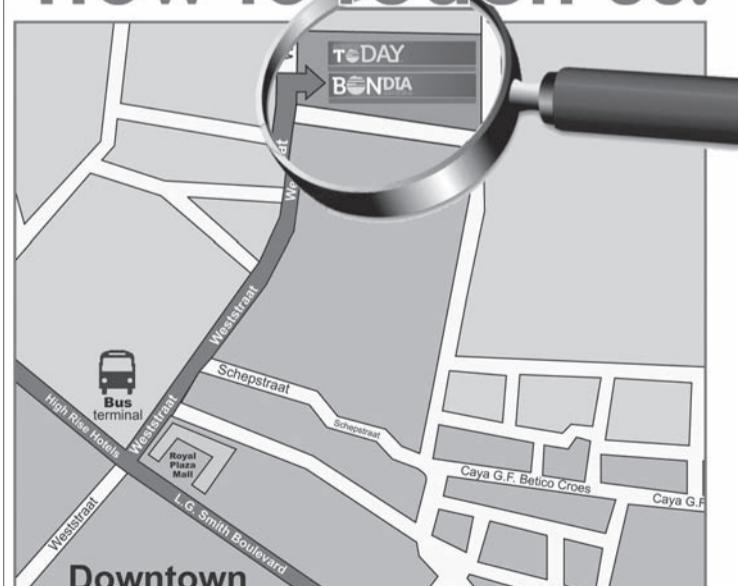
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Saquon Barkley sets Eagles season rushing record and has Dickerson's NFL mark in his sights

By DAN GELSTON

AP Sports Writer

PHILADELPHIA (AP) — Saquon Barkley knew the Eagles season rushing record could be his on Sunday with the type of stellar performance that has become the standard during his first season in Philadelphia.

As for the exact moment Barkley hit the milestone, he wasn't sure — until the "MVP!" chants echoed throughout the Linc after a 9-yard run in the fourth quarter.

"The records are great, they put a smile on your face," Barkley said, "but the season is far from over."

Needing 109 yards to break LeSean McCoy's record, Barkley rushed for 124 yards and pushed his season total to 1,623 in a 22-16 victory over Carolina.

Barkley needed just 13 games to pass McCoy, who rushed for 1,607 yards in 2013. He also overtook Wilbert Montgomery, who had 1,512 yards in 1978.

"I never wrote the goal down to break it," Barkley said. "You're always aware of it. That's how I train. That's how I operate in the offseason. I want to be great."

Barkley also maintained his pace to break Eric Dickerson's NFL single-season rushing record of 2,105 yards, set in 1984 with the Los Angeles



Philadelphia Eagles running back Saquon Barkley (26) runs with the ball during the first half of an NFL football game against the Carolina Panthers on Sunday, Dec. 8, 2024, in Philadelphia.

Associated Press

Rams.

"That would be extremely cool to do," Barkley said. "If it happens, it happens, and not with the mindset of, I'm scared to go try to do it. Whatever it takes to win football games."

Barkley is averaging 124.8 yards per game. At that pace and with one more game to play than Dickerson, he would become the top single-season rusher in NFL history. He needs 483 yards over the final four games to top Dickerson's 40-year-old record.

He averaged 6.2 yards on 20 carries against the Panthers to help the Eagles win their ninth straight game.

McCoy, who was inducted into the team's Hall of Fame this season, remains the franchise's rushing leader with 6,792 yards. Referencing his old uniform number, McCoy congratulated Barkley on social media with "a lot of love, coming from 2-5."

"Being a fan of Shady's growing up, and seeing the spectacular things he was able to do with the ball in his hand, to be able to have my name

mentioned with him definitely means a lot," Barkley said. Barkley left the New York Giants in the offseason and signed a three-year deal worth \$26 million guaranteed to join the Eagles, who made him the highest-paid running back in franchise history. The 27-year-old has been worth every dollar. Barkley is among the favorites for league MVP, according to BetMGM Sportsbook. Buffalo Bills quarterback Josh Allen was the only player with better MVP odds entering Sunday. □

Barkley has a franchise-record nine 100-yard rushing games in a season. Although he was held out of the end zone Sunday, he began the day leading the league with four rushing touchdowns of 25-plus yards.

Barkley, the No. 2 overall pick in the 2018 NFL draft, topped 1,000 yards three times in his six seasons with the Giants. He finished with 1,312 rushing yards and 10 touchdowns in 2022 and rushed for 1,307 yards and 11 scores as a rookie.

Eagles general manager Howie Roseman, who had been unwilling to spend on elite running backs, pounced on Barkley and the decision was celebrated as a success in Philly from the first game of the season.

Barkley rushed for two scores and caught a TD pass in the opener against Green Bay. His three touchdowns were the most by an Eagles player in his debut since Terrell Owens in 2004.

Barkley only soared in production and popularity from there, his highlight reel stamped by a reverse leap over the head of a Jacksonville defender last month. He's since vaulted over every running back ahead of him on the Eagles rushing list — and has a chance at NFL history. □



Philadelphia 76ers center Joel Embiid (21) drives to the basket against Chicago Bulls guard Josh Giddey (3) and center Nikola Vucevic (9) during the first half of an NBA basketball game in Chicago, Sunday, Dec. 8, 2024.

Associated Press

By MATT CARLSON

Associated Press

CHICAGO (AP) — Two-time NBA scoring champion Joel Embiid returned to the Philadelphia 76ers' starting lineup

against the Chicago Bulls on Sunday.

After missing his first seven shots and ambling deliberately in his left knee brace in the first quarter, the 2023 MVP

Joel Embiid scores 31 in return to the 76ers' starting lineup against the Bulls

went on a tear to propel the Sixers to a 108-100 win over the Chicago Bulls. Embiid connected on eight of his next 10 shots in the second quarter for his first 19 points of the game, which lifted Philadelphia to a 62-50 halftime lead.

The Sixers stretched it to 19 before holding on for their fourth win in five games, and Embiid finished with 31.

"I just got lucky and started making shots," Embiid deadpanned when he talked to reporters almost 90 minutes after the game. "We just missed shots and we adjusted and we got them in." Embiid, a seven-time All-Star,

added 12 rebounds in his fifth game this season. The 7-foot center had missed the previous seven games because of knee injuries and a three-game suspension for pushing a sports columnist.

Embiid finished slightly above his career average of nearly 27.8 points per game in 33 minutes. The Sixers don't play again until Friday thanks to the NBA Cup, so coach Nick Nurse planned to give his star ample work Sunday with a break and recovery time ahead.

"All of a sudden he certainly caught fire there with a little bit of variety," Nurse said. "I know a lot of it seemed like

foul-line jumpers, which it was. He snuck in a roll or two and a couple of post-ups. It gave us a lot of confidence." The Sixers trailed 33-23 after the first quarter.

Behind Embiid and a 16-0 run in the second, they took the lead for good. Chicago got within four points twice in the fourth, but Philadelphia closed it out.

"We guarded really well and we rebounded extremely well at both ends," Nurse said. Tyrese Maxey got his first career triple-double as part of the winning formula and clicked with Embiid. Maxey finished with 25 points, 14 assists and 11 rebounds. □

Indiana at Notre Dame in CFP will be teams' 1st meeting since '91, winner gets Georgia in Sugar Bowl

By ERIC OLSON

AP College Football Writer

Indiana will turn in its calling card as the nation's biggest basketball state and become a college football hot spot the week before Christmas.

The College Football Playoff bracket released Sunday sends No. 10 seed Indiana to No. 7 Notre Dame for a first-round game on Dec. 20 with the winner facing No. 2 Georgia in the Sugar Bowl in a quarterfinal game on Jan. 1. The Indiana and Notre Dame campuses are separated by 200 miles in the Hoosier State, but their football teams haven't met since 1991 and before that 1958. Notre Dame leads the series 22-3, with Indiana's wins coming in 1900, 1905 and 1950. The last time Notre Dame (11-1) and Indiana (11-1) played, Rick Mirer and Jerome Bettis led the Irish to a 49-27 win in South Bend on an 86-degree September afternoon 33 years ago. The temperature will be quite a bit cooler when the teams meet at Notre Dame Stadium in less than two weeks. Georgia (11-2) earned the Southeastern Conference's automatic bid and first-round bye by beating Texas in overtime on Saturday with quarterback Carson Beck missing the second half with an injury to his right (throwing) arm. The Bulldogs have won all three meetings with Notre Dame, all of them high-stakes games, and have never faced Indiana. Despite their close proximity, Notre Dame and Indiana have been on opposite ends of the college football world historically. Notre Dame is among five schools with more than 900 all-time wins. The Hoosiers' 691 all-time losses are second-most to Northwestern's 703. Notre Dame claims 13 national championships; Indiana has played in 13 bowls.

First-year Hoosiers coach Curt Cignetti has led the program to its first 11-win season, an eight-game improvement from 2023. He said his team has had to deal with criticism about its schedule and whether it was playoff-worthy. "We

were the feel-good story of college football for a long time," Cignetti said Sunday on ESPN. "Then we got rankings and you got teams concerned about their status about being one of the 12 and then you start seeing people taking shots."

"Being in college football you can't help but notice the tremendous job they've done at Indiana this year, to go 11-1 in the Big Ten Conference and to win some games against really good opponents," he said on ESPN. "It speaks to where that program is. We understand the challenge of that."

Smart said he hadn't studied Notre Dame or Indiana enough to comment on a potential matchup in the Sugar Bowl. Smart worked



Georgia players celebrate victory over Texas after the Southeastern Conference championship NCAA college football game, Saturday, Dec. 7, 2024, in Atlanta.

Associated Press

with Cignetti when both were on Nick Saban's staff at Alabama from 2007-10, and he said it's been "really neat, really cool" to see the transformation of the Hoosiers. "My years at Alabama I was a really young coach and I enjoyed being around him, and his personality is different," Smart said. "I really like coach Cignetti and

followed him; wherever he's gone he's done really well." Georgia's first meeting with Notre Dame came in the 1981 Sugar Bowl. Vince Dooley's 1980 Bulldogs finished a 12-0, national championship season with a 17-10 win. A freshman and future Heisman Trophy winner, Herschel Walker, rushed for 150 yards and two touchdowns with a dislocated shoulder to lead the Bulldogs.

Their other two games were early season contests in 2017 and 2019. Georgia won the first 20-19 at Notre Dame in a Top 25 matchup that set the Bulldogs on the path to a 9-0 start and appearance in the CFP championship game. Georgia won the second 23-17 when both teams were in the top 10. □



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Culinary Voyage

Start your gastronomic journey with a scrumptious appetizer such as the Maryland Crab Cakes, maybe the Crispy Calamari or the mouthwatering creamy Garlic Tarragon Shrimp. You can also opt for a classic

French Onion Soup, a Lobster Bisque or the famously Water's Edge House Wedge, a crisp wedge of fresh romaine lettuce topped with homemade blue cheese dressing, diced tomatoes, chopped bacon, caramelized pecans and blue cheese crumbles, drizzled with balsamic reduction. This followed by the Chef's special of seafood such as Fresh salmon filet seasoned and grilled, topped with lemon cilantro butter and served with homemade mashed potatoes and fresh asparagus, a nice plate of Ahi Tuna or a succulent pasta dish like the Florentina Fettuccine Alfredo. Meat Lovers will have their fix with choices of a devourable 22oz. Bone-In "Tomahawk" Rib-Eye, pan seared in garlic infused oil and finished in the oven or our juicy N.Y Strip Loin, seasoned & grilled. All our steaks options are seasoned with a blend of kosher salt and freshly cracked black pepper. Served with homemade mashed potatoes, seasoned vegetables and a choice of red wine reduction, green peppercorn demi glace, mushroom sauce, or bacon blue cheese butter. For extra sides the options are delectable. Fresh asparagus, seasonal vegetables, mashed or baked potatoes, fries or rice and beans. Combine your personal choice with one of the most exclusive wine from the great selection of international wines to compliment your dish. Kids will enjoy every item of the specially compiled kids menu and there are also optional dishes for all vegans, vegetarians and gluten-free guests. To end the culinary voyage with some luscious sweetness, the desserts are wild. From a piece of coconut flan, NY cheese cake, carrot cake, chocolate brownie or our classic Tiramisu with kahlua and amaretto served with chocolate sauce and coffee jelly. Not to mention the fresh and light piece of key lime pie.



Creating memories

If you are planning a birthday dinner, here you will receive a nice bottle of champagne to take home with you to extend your experience even further whether on the beach or your own private balcony.

Live entertainment

Just about every day of the week, there is a different live entertainment by the best local artists for you to enjoy. Whether you're in a romantic mood, or more in a swinging mood, there is absolutely a night especially for you where you can combine great music with delicious cocktails mixed with concoctions. In addition, Water's Edge offers three daily Happy Hours from 12pm-1pm, 4pm-6pm and again from 9pm-10pm with all premium brands specially priced.

Breakfast, Lunch & Dinner

Whether you join us for breakfast, lunch or dinner, Water's Edge Restaurant & Bar offers a relaxed and inspirational dining experience overlooking the beautiful Eagle Beach with spectacular ocean views. Gather with friends and family for drinks and appetizers or a night of pampering and relaxation.

Thank you to all our guests

From the bottom of our hearts, we would like to Thank all of our guests who showed us so much love and support all throughout the year, and hopefully will continue to do so in the years to come. What we are most grateful for is that we could get back to doing what we love, which is looking after our guests. So, thank you for every dinner, lunch, breakfast, every to-go order, every glass of wine, every birthday, anniversary and date-night that you spent with us this last year. To our new guests, Welcome! We hope you to see you back soon! □

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